

# YogaWest

L1, 413 Church Street  
North Parramatta  
[www.yogawest.com.au](http://www.yogawest.com.au)



Strengthen and align your body  
Relax and focus your mind  
Calm your nervous system  
*Beginners welcome.*

Call us on  
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*Create Space in Your Life for You*

*Established in Parramatta  
for over 8 years.*

**New Member Offer!**  
**\$30**  
**2 weeks of Unlimited Yoga**